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3 THINGS YOU NEED TO KNOW

TRUMP SAYS REPUBLICAN RACE ALL BUT OVER IF HE WINS INDIANA

1 Donald Trump said on Sunday that he will have essentially sealed the Republican U.S. presidential nomination if he wins Tuesday's contest in Indiana, where he now holds a big lead over chief rival Ted Cruz. A new NBC/Wall Street Journal/Marist opinion poll showed Trump with a wide lead in Indiana, 49 percent to 34 percent for Cruz and 13 percent for a third candidate, Ohio Governor John Kasich. Trump, a 69-year-old real estate developer, sounded confident in an interview on "Fox News Sunday" when asked whether Indiana would basically end the long-running Republican race in his favor. The poll showed the depth of the challenge facing Cruz, who is trying to prevent Trump from winning the 1,237 delegates needed to seal the nomination. REUTERS

DERAILED FREIGHT TRAIN NEAR DC LEAKS HAZARDOUS LIQUID

2 A CSX freight train derailed in northeastern Washington, D.C. on Sunday, spilling hazardous liquid near a city subway station, the railroad company said. Several cars were overturned but no injuries were reported. The District of Columbia Fire Department said it had not ordered evacuations near the site of the accident, about three miles from the White House. Sodium hydroxide, used to produce household products including paper, soap and detergent, was leaking from one car, CSX Corp said in a statement. REUTERS

DANIEL BERRIGAN, US ANTI-WAR PRIEST AND POET, DIES AT 94

3 Daniel Berrigan, a Jesuit priest, poet and peace activist who was imprisoned for burning draft files to protest the Vietnam War, died on Saturday at 94, a Jesuit magazine reported.Berrigan died at the Murray-Weigel Jesuit Community in New York's Bronx borough, America magazine said. It did not give a cause of death.A passionate critic of U.S. involvement in Vietnam, Berrigan gained worldwide attention in 1968 when he, his younger brother Philip, who was a Josephite priest, and seven other Catholics seized draft records from a Selective Service Office in Catonsville, Maryland. The group doused the files with homemade napalm in a parking lot outside the draft office and torched them while joining hands in prayer. REUTERS

GETTY IMAGES

BOLARIS' WEATHER WATCH: WHAT THE FUNK?

Definition of funk: A state of depression, blue funk, the dumps, the doldrums, a bad mood.

Mother nature is officially in a funk, and let's face it – it rubs off on us. We get into a funk, because of the weather, especially when the funk lasts for days and days and falls on our precious weekends. May is the time of the year when we start weather fantasizing about a glorious Memorial Day weekend, not the month we say "bring back March!" (as temperatures in March soared into the record-breaking 70s and 80s from Philly to New York to Boston).

The normal high temperature for early May is right around 70 degrees, with the normal low around 50 degrees. On Sunday temperatures were averaging close to 20 degrees below normal as the mercury hovered around 50, with a lid of clouds and funky rain and drizzle.

Did I depress you enough? Wait, I have more funky weather news: This funk could last into next weekend, especially along all coastal areas of the Northeast.

Each day this week could be a bit unsettled with funky clouds dominating. If I had to pick the best day this week, I would say Wednesday, as the atmosphere should dry out for a while before the next round of funk moves in for late this week and into your weekend.

A few computer models keep the funk over us right through the weekend, with others trying to break the funk by Sunday. Now, I do have some good news: It's not the Memorial Day weekend. The bad news is most of us will be a bit more testy and irritable due to the prolonged funk.

Bolaris' Weather Watch

Local Philly forecast

Today: Clouds, some morning drizzle, possible shower. Milder, 65

Tuesday: Scattered showers and boomers, 65

Wednesday: Some drying possible, 70

Thursday: Light rain by evening, 65

Friday: Chance of showers, 63

Saturday: Chance of scattered showers, 64

Sunday: Decreasing chance of showers, 70

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Cirque du Soleil inspires next gen of performers

School of Circus Arts seeing boom in enrollment as interest grows in learning trapeze, other skills.

A.D. AMOROSI
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A Cirque Du Soleil cast member performs during the dress rehearsal of "Ovo" at the Entertainment Quarter on Sept. 12, 2012, in Sydney, Australia. GETTY IMAGES

From the large to the small, from the garish to the subtle, this spring is certainly the (big) tops when it comes to circus arts in the area.

Much of the grand aerial trapeze work, juggling, trickery and such will come courtesy of the internationally renowned Cirque du Soleil and, locally, from Philadelphia School of Circus Arts.

Along with additional circus-like events — Compagnia Finzi Pasca at the Kimmel Center, the wealth of acrobatic fare at the Philadelphia International Festival of the Arts — the rise in events and the increased enrollment at the Philadelphia School of Circus Arts (PSCA) shows that interest in circus arts is a growing trend.

"In 2000, we started with a handful of students in our house in Germantown," says PSCA instructor Shana Kennedy, who co-owns the circus skills educational enterprise with her husband, aerialist Greg Kennedy. "Within a few years, we had moved out of the house and [were] renting studio spaces in various parts of the city with every year bringing more students. By 2008 we had about 100 students weekly, and I was ready to open the current facility. Now they just keep coming."

Students learn circus skills such as aerial rope, sling and trapeze work, feather balancing, tightwire, scarf juggling, plate spinning and acrobatics.

Marjon Van Grunsven, artistic director of Cirque du Soleil and its upcoming "Ovo" show at Temple University's Liacouras Center, said she could write a book about interest in the circus arts, whether it's massive audience attendance, or a desire on the part of students — young, old and novice — to take part in its skill sets.

"Then again, the circus has always been a trend — one of *the* oldest forms of entertainment," she said. "We should not underestimate that."

What Cirque du Soleil did, by way of inspiring audiences new to the form, was remove the circus from greasepaint clown makeup and working — sometimes cruelly — with animals to one concentrating on daring feats of levitation, acrobatics and street performance art.

"Remember, Cirque du Soleil started as a dream for a handful of young street performers who saw their dream come true by bringing the sun — *le soleil* — into people's hearts and souls."

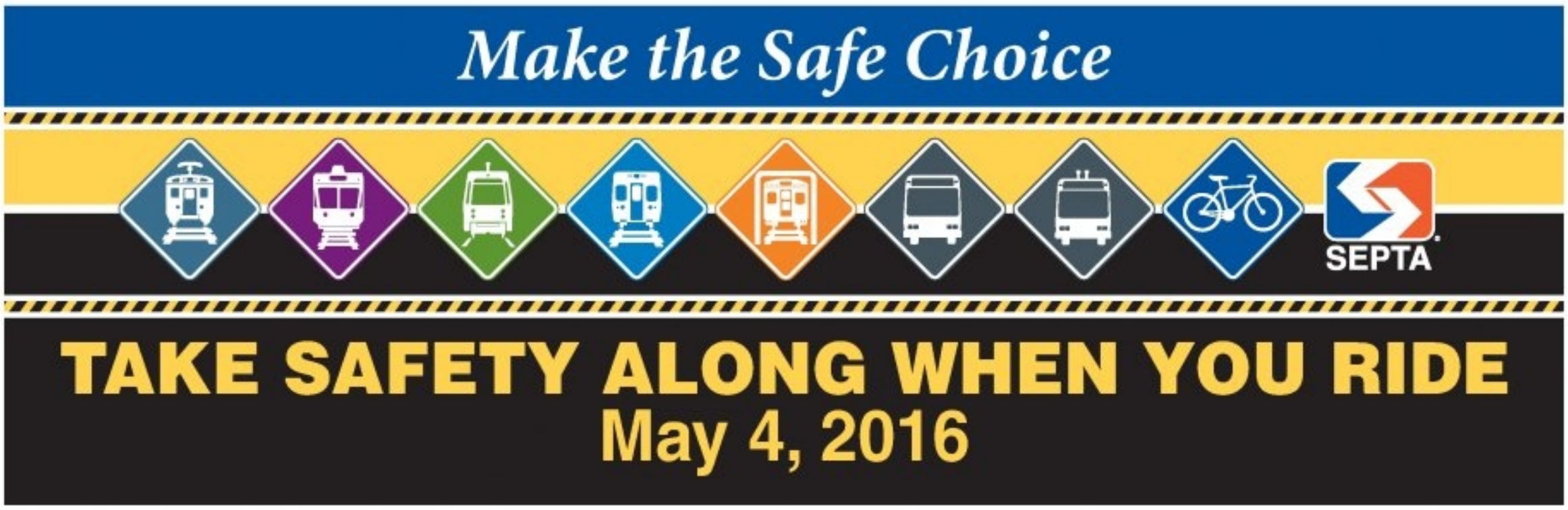
Cirque du Soleil's newest production, "Ovo," is its first that tells a story. "Ovo" — Portuguese for egg — is about a ladybug who falls in love with a fly, where you're driven into the world of insects, led by Master Flipo, who's portrayed a big colorful beetle. If the story doesn't grab you, its 10 incredible acrobatic acts will.

The same can be said of the Philadelphia School of Circus Arts, which performs "La Boutique Fantasque" May 6 and 7 at the Upper Darby Performing Arts Center with the Pennsylvania Academy of Ballet Society before holding student showcases, open house workshops and staff shows in May and June.

"Circus is an incredibly exciting and unique art form which forces us to let go of our ideas of reality and groundedness, and what we believe to be possible for the human body," says Kennedy.

Exhilarating to watch — even more so to be a part of the hard work of daily training, whether as a coach or a student — it will soon become an even bigger, trendier part of the city's future. That's because the Philadelphia School of Circus Arts is getting ready to announce a single, larger location for its classes. Currently, they utilize studio spaces throughout the city.

"There's no doubt that circus education is booming," she says. "These days, more kids experience circus through a class or a workshop than by seeing a show."



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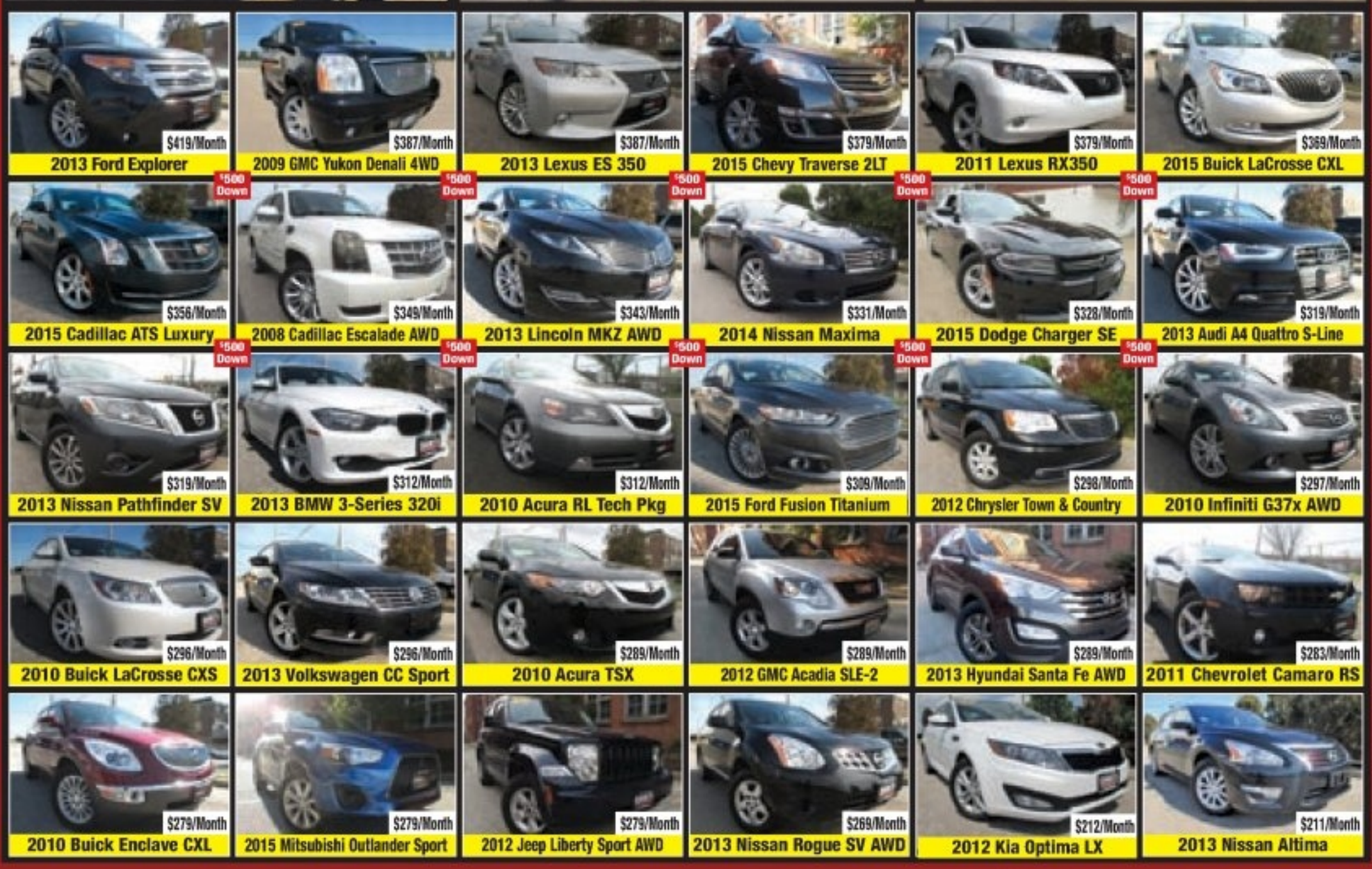

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Cargo is moved at Philadelphia's Tioga Marine Terminal. GETTY IMAGES

Delaware River deepening seen as a potential jobs behemoth

Sen. Bob Casey announces funding for further dredging, allowing larger ships to use the Port of Philadelphia.

JENNY DEHUFF
@RuffTuffDH
jenny.dehuff@metro.us

In the coming year, the Delaware River will be deepened from 40 to 45 feet, thanks to a combination of state and federal dollars, allowing larger ships to pull into the Port of Philadelphia, bringing in bigger cargo and more jobs, officials announced.

Sen. Bob Casey, Mayor Jim Kenney, state Rep. Bill Keller, Brandywine Realty Trust CEO and Philadelphia Regional Port Authority Chairman Jerry Sweeney and several others who have a hand in the Delaware Deepening project gathered Friday at the Packer Avenue Marine Terminal in South Philly to make the announcement.

"You'll have three times the jobs that are created with one container than there are with any other cargo they have," Keller said under the shadow of the Walt Whitman Bridge.

"Our focus is hopefully going to be on containers. Right now, we have 500,000 containers. We have 10,000 jobs associated with that. If we get the dredging done, and we can build a modern terminal, we can do 2½ to 3 million containers, so that's how you multiply the jobs that will be created."

By comparison, said Keller, New York City's port operates with 5 million containers. The city recently issued a report that linked 316,000 jobs with 5 million containers.

"That's the job growth we're looking for," he said.

Sweeney said the total cost of the project would be about $400 million, the lion's share to be paid for with federal funds; Pennsylvania will cover 35 percent of the cost..

"It's imperative we get this deepening project done so we can handle bigger ships," he said.

"These jobs are all family-sustaining, well-paid, lifelong careers for people, so it really would boost the economy overall."

Casey and Kenney were given a tour of the port, and Casey said the project would add an estimated 2½ million more tons of cargo over time.

"It will make this region more competitive," he said.

"The new jobs numbers will be in the thousands. It's about as big a job creator over time as anything we could do in this region, so this is big."

The project is slated for completion in 2017.

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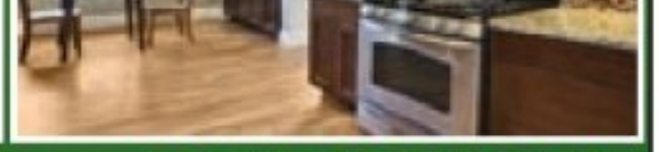

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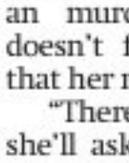
Port Richmond mom's killing a year ago remains unsolved in violence-plagued city

Family, friends hold neighborhood rally to remember victim, voice frustration killer hasn't been caught.



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sam.newhouse@metro.us

Stephanie Dzikowski, who was murdered July 30, 2015, at age 22 in a case that is still unsolved. PROVIDED

The 2-year-old daughter of a Port Richmond woman murdered last year doesn't fully understand that her mom is gone.

"There's days that she'll ask for her mom," neighbor Marie Larkins said of Clarissa, the little girl who was the only witness to the unsolved murder of Stephanie Dzikowski. "She'll look up at the sky and say, 'Mommy I love you,' then blow her a kiss. I think she doesn't realize she's not coming back."

Larkins and 50 other friends, family members and neighbors rallied for answers Saturday outside Dzikowski's home on the 3000 block of Aramingo Avenue, where the 22-year-old lived with her father, daughter and boyfriend, and lost her life.

"They were supposed to move in August into their own place. She was killed a week before," Larkins said of the July 30, 2015, murder of Dzikowski.

Whoever shot Dzikowski to death is believed to have known her, because she let them in and the family dog did not bark at them, Larkins said.

"We don't know if it's someone who knows her and gave their condolences at her funeral," she said.

It was around 11 p.m. on July 30, when shots rang out from inside the home. Dzikowski's boyfriend Sean Sadowniczak got a call at the corner store where he'd gone to buy milk and rushed home, only to find his daughter sitting on the bed upstairs, according to Larkins.

After frantically continuing to search the house, he returned to the bedroom and found Dzikowski lying out of sight behind the bed with a bullet hole in her head just feet from where her daughter was found, said Larkins, who arrived moments later on the scene.

"Sometimes she'll say, 'He hurt mommy. ... Mommy got hurt in the head,'" Larkins said of Clarissa. "The one good thing about this, she's 2 years old and she really can't remember much."

Dozens of people have posted emotional tributes to the dental hygienist on a Facebook memorial page for Dzikowski, a beloved member of the neighborhood.

"She was always smiling, always nice, always saying hello," recalled Larkins, a next-door neighbor who said she watched Dzikowski grow up.

In violence-plagued Philly, where homicide detectives only had a 52 percent rate of closing murder investigations in 2015, Larkins said this case isn't getting the attention it needs.

"There's a lot of anger because this person hasn't been caught and we're not getting any answers from the detectives. We feel like we're getting the runaround," Larkins said.

Larkins said specifically that the night of the murder, she didn't see police canvas the area.

"They came, assessed the scene, took fingerprints off the door, then they told the family you can go in there and clean up the blood," she said.

Sadowniczak couldn't be reached for comment on how the case is being handled Sunday.

Larkins said that she and other friends of Dzikowski's hope to hold more rallies, possibly even every month until the killer is caught.

Declining to comment on rumors of what may have led Dzikowski to know this killer, Larkins simply said, "She didn't deserve to die like that."

The only description of the suspect available is a male in a hoodie spotted fleeing the area that night.

"It aggravates everyone that we don't know the reason, who did it, why they did what they did," Larkins said. "Who would hate her that much that they would go in there and do that?"

A $20,000 reward is being offered by the city for information leading to the arrest of Dzikowski's killer. Tipsters can call 215-686-TIPS (8477), or text a tip to PPDTIP (773847).

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Kathryn Knott, center, leaves the Criminal Justice Center in Philly after a December 2014 hearing in her case, with father Karl Knott, then police chief of Chalfont in Bucks County. CHARLES MOSTOLLER

Blogger sues gay basher claiming retaliation for online trash talk

Lawsuit accuses Kathryn Knott, in prison for participating in assault on two gay men in Center City in 2014, and her police officer father of getting her fired.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

The trials of convicted gay basher Kathryn Knott aren't over.

Knott, 25, who is currently serving five to 10 months in prison for her role in the assault on two gay men in Center City, is now the defendant in a federal lawsuit claiming she and her father got a blogger fired for criticizing Knott online.

Kathleen O'Donnell, 61, filed a lawsuit against Knott and her father Karl Knott, claiming they played a part in getting her fired after detectives from the Bucks County DA's office visited her workplace with questions about her blog, entitled "Knotty is a tramp," according to Philly.com.

O'Donnell is seeking $5 million in damages.

The Norristown woman was visited at her work by law enforcement after creating the blog, with a picture of Knott as the profile picture..

O'Donnell agreed to stop writing the blog after detectives told her she could be charged with impersonating Knott. No traces of the "Knotty is a tramp" blog could be found online.

She claims detectives told her manager at Walker Parking Consultants about her actions and that she had made posts from her work computer, Philly.com reported. O'Donnell says her actions were protected by the First Amendment right to free speech.

Bucks County DA David Heckler denied that he sent detectives to O'Donnell's work at the request of Knott's father, former Chalfont borough police chief and current Central Bucks County Captain Karl Knott, Philly.com reported. Heckler and the detectives who questioned O'Donnell are also named defendants in the lawsuit.

Knott was charged along with Kevin Harrigan and Philip Williams of seriously injuring a gay man and roughing up his boyfriend during a random Center City encounter on Sept. 11, 2014.

Harrigan and Williams pleaded guilty and were sentenced to probation and banned from Center City.

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RACE FOR THE WHITE HOUSE

TECHNICAL FOULS

TOM FOREMAN
Opinion
CNN's Tom Foreman is the author of the new book "My Year of Running Dangerously."

Like a basketball game that has been grinding along from one overtime to the next, this primary season seems to be finally reaching a turning point. Cue the highlights: Here are my three things to watch this week in politics.

1. DRIVING TO THE RIM:
Trump has topped the 1,000 delegate mark, and the symbolism is not lost on GOPers. He is now within range of clinching the party's nomination with or without a strong showing in Indiana's primary this week. For Ted Cruz, the clock is fast running out on his hopes of forcing a contested convention. If Cruz underperforms expectations in the Hoosier state, he may see many more party bosses easing over to Trump's side of the gym. On the other hand, if that happens Cruz will have more time to work on his sports metaphors (see: "basketball ring") or complain about John Boehner who called him "Lucifer in the flesh." Which, by the way, is a great band name.

2. CLOCK MANAGEMENT:
Many moderate Democrats have been quietly stewing over the Bernie Sanders candidacy, and I think they're about to get loud. The unexpected surge of support for the liberal Vermonter forced Hillary Clinton to shift farther left than some strategists think wise. Now they want her to get back to her general election game plan, which is all about the seizing the political center. If she hammers him in Tuesday's vote, watch for her surrogates to renew their cries for Sanders to be benched.

3. THROWING ELBOWS:
As predicted, the effort to dump Trump on the Republican side has lost a good bit of energy in the wake of his latest wins, but that seems to have only inflamed the opposition among Democrats. In California it got rough, as last week wound down with hundreds of protestors surrounding a Trump speech venue. I suspect we'll see more of the same this week even as the candidate, as always, basks in the glow of the headlines that follow.

Facing long odds in Calif., Cruz courts state's Republicans

Cruz GETTY IMAGES

Presidential candidate Ted Cruz made a plea to the California Republican Party on Saturday to line up behind him in the state's June primary in his uphill battle to stop front-runner Donald Trump from grabbing the nomination.

At the same party convention that was the backdrop for chaotic protests against Trump on Friday, Cruz tried to woo party members with support for their long-time issues, such as lower taxes and a harder line on immigration.

Former California Gov. Pete Wilson gave Cruz his endorsement as he introduced the senator from Texas.

Cruz received more applause at the convention than either Trump or third-place candidate Ohio Gov. John Kasich, who also spoke on Friday.

"If we're fractured and we're divided, Hillary Clinton wins and the campaign is lost," he said, referring to the Democratic Party's front-runner in the Nov. 8 election for the White House.

Now mathematically eliminated from securing the nomination on the first ballot at the party's convention in Cleveland in July, Cruz aims to stop Trump from receiving the 1,237 delegates needed to win the nomination outright, forcing a contested convention.

However, the prospect of him being able to do so has grown increasingly slim.

Trump, a billionaire businessman and former reality TV star, has continued to notch up wins in the nation's nominating contests, including a five-state sweep of the latest string of contests last Tuesday.

Cruz has downplayed the severity of the losses and in his speech Saturday looked forward to upcoming contests, which he has said will put him on the path to thwarting Trump.

"California is going to decide this Republican primary," he said, referring to the state's June 7 contest. REUTERS

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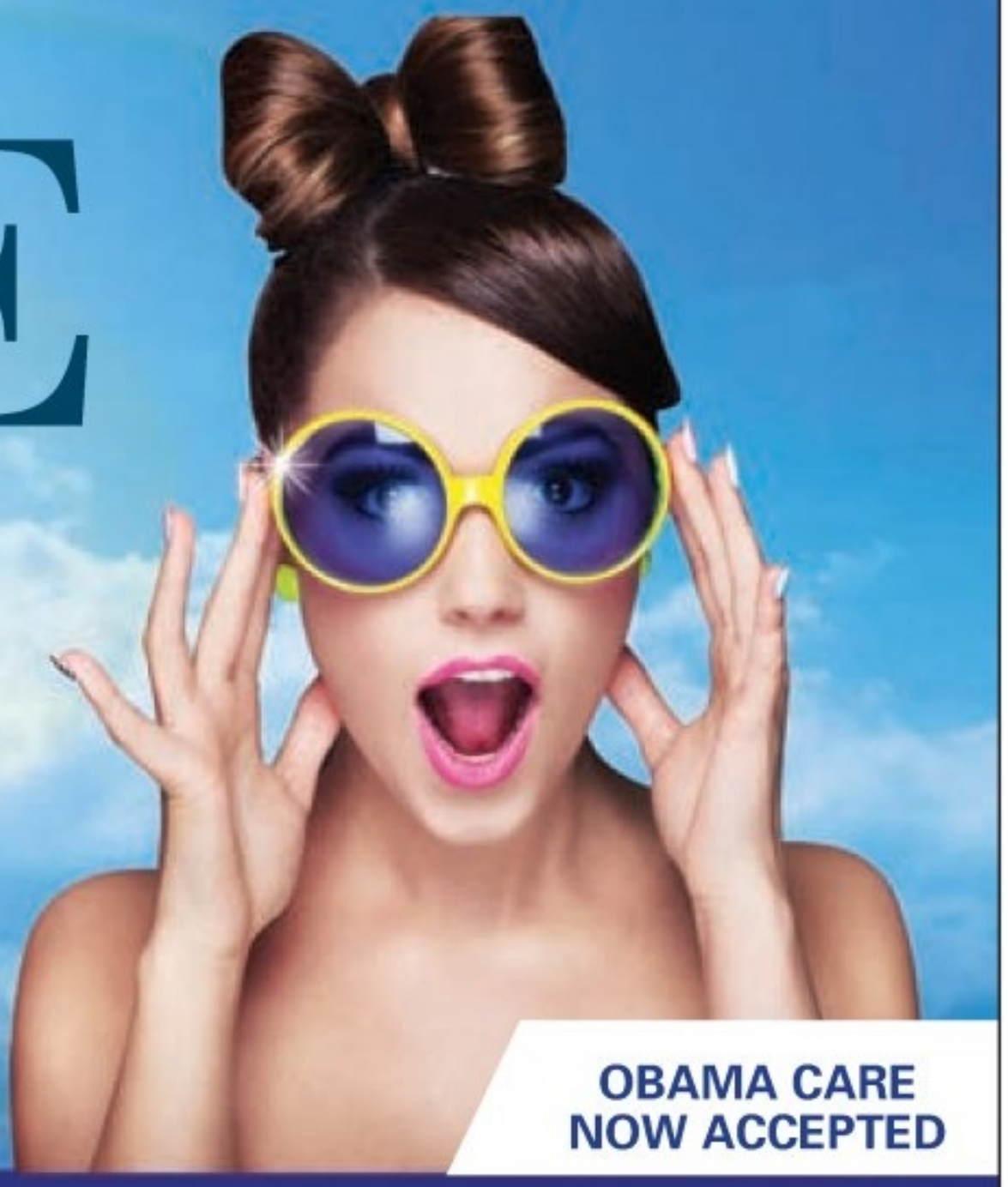

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Malia Obama Harvard bound, but will take a year off first

Malia Obama ALL PHOTOS GETTY IMAGE

Both her parents attended Harvard Law School.

President Barack Obama's eldest daughter Malia will attend Harvard University in the fall of 2017 after taking a year off from studies following her high school graduation this spring, the White House said on Sunday.

"Malia will take a gap year before beginning school," a White House statement said, breaking a months-long silence about Malia's college search.

Malia, 17, will concentrate on finishing her high school final exams before considering how to spend her gap year, an official who had been briefed on Malia's decision told Reuters.

She has shown interest in film and television, having worked two summer internships in the industry. Last summer, she worked in Brooklyn, New York, on the set of the HBO series "Girls."

In 2014 she worked on the set of CBS science fiction series "Extant" starring Halle Berry. The now-canceled series was produced by Steven Spielberg, a prominent donor to Obama's presidential campaigns.

Harvard College, the university's undergraduate division, said on its admissions website that it encouraged admitted students to defer enrollment for one year to travel, pursue a project or work. About 80 to 110 students did so each year, it said. REUTERS

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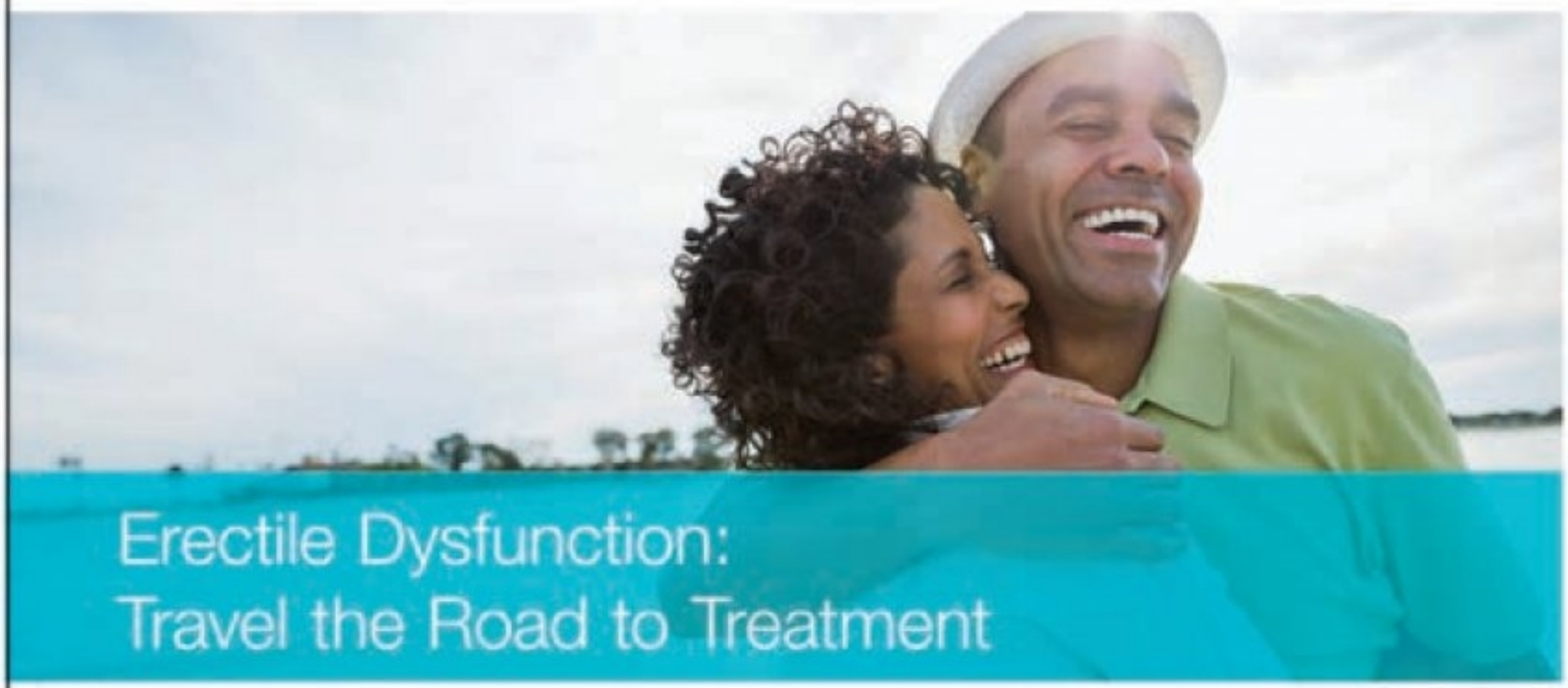

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Court: Bergdahl defense can access classified information

Lawyers for U.S. Army Sgt. Bowe Bergdahl, who faces a potential life sentence for desertion while serving in Afghanistan, will be allowed access to classified material to prepare his defense, a military appeals court has ruled.

Legal proceedings against Bergdahl, which had been halted while the classified material issue was being resolved, can now resume, according to a Thursday ruling by the United States Army Court of Criminal Appeals that was made public late on Saturday by Bergdahl's attorney, Eugene Fidell.

Bergdahl, now 30, walked away from his post in Afghanistan in 2009 and was captured by the Taliban, who held him prisoner for five years and tortured him. He later told military investigators that he left his post because he had a plan to tell military brass about incompetence among his commanders.

U.S. Army Sgt. Robert Bowdrie "Bowe" Bergdahl GETTY IMAGES

He was freed in a prisoner swap in May 2014 involving the release of five Taliban leaders who were being held by the U.S. The exchange was criticized by Republicans in Congress.

Bergdahl returned to active duty, but after an investigation he was prosecuted by the U.S. military who said his disappearance from his post resulted in a 45-day search that put soldiers' lives at risk.

The formal charges in his court-martial are desertion and misbehavior before the enemy. He has not entered a plea to the charges or decided whether he will be tried by a military judge or a jury of soldiers.

His defense asked for access to 300,000 pages of classified documents and on Feb. 2 a military judge ruled that the defense should have access to all classified information that the government may offer into evidence at trial.

The U.S. government appealed the ruling saying the judge had abused his discretion. The pre-trial proceedings were put on hold while the issue was being resolved.

The Army Court of Criminal Appeals said in its ruling that the military judge had not granted the defense unfettered access to classified information, but only to material in the context of trial discovery.

"The stay on the trial proceedings imposed by this court is lifted," the judges of the Army Court of Criminal Appeals ruled.

Bergdahl is free while he awaits trial and is stationed at Fort Sam Houston in San Antonio, Texas, where he works at a desk job and receives treatment at a hospital.

REUTERS

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Astronomers find a tailless comet, first of its kind

The new comet, known as C/2014 S3, also-called 'Manx' comet, which was discovered in 2014 by the Panoramic Survey Telescope and Rapid Response System is shown in this artist rendering. COURTESY M. KORNMESSER/ESO/HANDOUT

Astronomers have found a first-of-its-kind tailless comet whose composition may offer clues into long-standing questions about the solar system's formation and evolution, according to research published on Friday in the journal Science Advances.

The so-called "Manx" comet, named after a breed of cats without tails, was made of rocky materials that are normally found near Earth. Most comets are made of ice and other frozen compounds and were formed in solar system's frigid far reaches.

Researchers believe the newly found comet was formed in the same region as Earth, then booted to the solar system's backyard like a gravitational slingshot as planets jostled for position.

Scientists involved in the discovery now seek to learn how many more Manx comets exist, which could help to resolve debate over exactly how and when the solar system settled into its current configuration.

"Depending how many we find, we will know whether the giant planets danced across the solar system when they were young, or if they grew up quietly without moving much," paper co-author Olivier Hainaut, an astronomer with the European Southern Observatory in Germany, said in a statement.

The new comet, known as C/2014 S3, was discovered in 2014 by the Panoramic Survey Telescope and Rapid Response System, or Pan-STARRS. This network of telescopes scours the night-time skies for fast-moving comets, asteroids and other celestial bodies.

Typically comets coming in from the same region as the Manx grow bright tails as they approach the sun, the result of ice vaporizing off their bodies and gleaming in reflected sunlight.

But C/2014 S3 was dark and virtually tailless when it was spotted about twice as far away from the sun as Earth.

Later analysis showed that instead of ices typically found on comets, the Manx comet contained materials similar to the rocky asteroids located in a belt between Mars and Jupiter.

And C/2014 S3 appeared pristine, an indication that it had been in the solar system's deep freeze for a long time, said University of Hawaii astronomer Karen Meech, the lead author.

The discovery of additional Manx comets could help scientists to refine computer models used to simulate the solar system's formation, Meech said. REUTERS

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The Internet teases Bieber into getting a haircut

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Bullying isn't cool, guys. Seriously. And look what you went and made poor Justin Bieber do because of all your teasing. Bieber debuted his bleached dreadlocks look last month, and ever since everyone's been making fun of him because of them — even his fans. Bieber even took to Instagram last week to complain about all the backlash. "'Dude, are you gonna do anything with your hair or are you just gonna leave it like that, dude?' Yeah, some girl came up to me, like, 'I love you Justin, but like, that's, like, my least favorite of yours,'" he said in the video. But apparently all the criticism finally got to him, as he debuted a new buzzed head this weekend, along with several photos of him refusing to smile. Aw, poor guy. His fans, by the way, are thrilled — at least according to their comments.

Taylor Swift not joining the mutant squad

Last summer, "X-Men: Apocalypse" writer Simon Kinberg tweeted a photo of himself with stars James McAvoy and Sophie Turner alongside Taylor Swift, and everyone got really excited that she might be popping up in the film as pop singer mutant Dazzler. Everyone — including Turner — insisted that a Swift cameo wasn't happening. But then on Friday, Turner posted a still from the film showing co-star Tye Sheridan holding up a Dazzler record, along with the caption, "#FBF that time Cyclops and I went shopping at the mall and found our favorite singer's album (pre 1989, of course)," prompting all new speculation that Swift really shows up. But really, for real everybody, she's not in the movie. "She's not in the film," a source tells E! News. "And it's not her on the Dazzler album cover from Sophie's tweeted photo." Got that? Stop trying to make Swift a mutant.

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This 'Maze Runner' accident was worse than we thought

Dylan O'Brien must be really hurting. The "Maze Runner" star suffered some broken bones after an accident in March on the set, halting production. More than six weeks since the incident, word comes that the movie's filming has been halted indefinitely now. "The resumption of principal photography on 'Maze Runner: The Death Cure' has been further delayed to allow Dylan O'Brien more time to fully recover from his injuries," a studio rep says in a statement. According to a Canadian work safety report, the actor suffered a "concussion, facial fracture and lacerations" after he fell off of his motorcycle during a scene.

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5 Profile pictures you need to delete right now

When you're on a dating app, your matches are choosing to chat with you (or not) because of your photos. When I search with my clients, I notice that if there is one single bad photo, they swipe left.

To keep your matches swiping right, here are the photos you should delete ASAP — and why.

1 Don't promote your pals

Nearly every profile has photos with friends uploaded, but the truth? Putting your pals in your pics means you're not prioritizing yourself. Studies prove that solo shots are what get the best results, and at eFlirt, we agree. If you want to show off your social life, crop pictures (so it's clear someone else was there), and choose photos with a fun environment to give the vibe you were out and about.

2 Be selective with your selfies

Speaking of your social life, posting mostly selfies tells your matches that you don't have one. And I know that's not true! If you have more than one or two selfies, start deleting. Keep the ones that are not only great shots of you, but also give a sense of personality or lifestyle, like a gym or beach selfie.

Show you have a social life in your profile pics, but don't show your pals. ISTOCK

LAURIE DAVIS

Single and Swiping

Laurie Davis is the founder of eFlirt, an online dating concierge service, and the best-selling author of "Love @ First Click: The Ultimate Guide to Online Dating."

3 Keep your shirt on

You've got a great bod, and that's awesome. But leave a little air of digital mystery, too. Delete any shirtless shots or bikini photos ... but do keep full-body pics so matches can check you out. That said — a little cleavage never hurt.

4 Cool it on the filters

Adding a filter to a pic can spice it up, but it can be hard to know what you really look like in the light of day. Get rid of filtered photos and go *au naturel*.

5 Don't get stuck in the past

Online and offline congruence is important when dating — you want to look like you will on a date. For example, remove any photos where your hair is different, or where you've noticeably weighed less or more. Own the you of today, because confidence is sexy.

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Aasif Mandvi will change the world

The performer points out that even his story in "Mother's Day" touches on hot topics.

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Is Aasif Mandvi still at "The Daily Show"? The actor, performer and writer hasn't been a correspondent on the show since Trevor Noah took over. "Technically I still work there," Mandvi tells us. He says he's in the same spot as John Hodgman or Lewis Black: "If there's something I really want to pitch them, I'll do it. But I'm not officially on staff anymore."

One reason: He's been busy. Now bicoastal, Mandvi spends a lot of time in Los Angeles and less in New York, in part pitching "Halal in the Family," a web series/sitcom about a Muslim-American family he wants to turn into a prime-time show. He also pops up in "Mother's Day," director Garry Marshall's latest holiday ensemble comedy (after "Valentine's Day" and "New Year's Eve"). That might sound like light fun, but his subplot has edge to it: He plays the husband of Kate Hudson, who hasn't told her red-state parents she's in an interracial marriage.

GETTY IMAGES

Perhaps moviegoers might not expect a movie like "Mother's Day" to say something about our current culture war.

When I read the script, one of the things that appealed to me was there was an interracial marriage, which you never see in big Hollywood rom-coms. Obviously it's a comedy, and we had limited real estate in terms of the other stories. This movie's not going to explore these issues in any real way. It's a family film that makes you feel good. Ultimately, you're always going to come away from a rom-com with everything working out.

Looking over your CV I noticed you've played a lot of doctors, and even a dentist at least once.

Now you're understanding what it's like to be a brown actor in Hollywood. I started off playing cab drivers, then went up to doctors and dentists, with the occasional terrorist. That's the trajectory. And now I'm Kate Hudson's husband. So not too bad.

Those old stereotypes are now part of the national conversation, thanks to projects like "Master of None," where every episode seems to be about a talking point.

The stereotypes still exist in many areas. What was great for me in ["Mother's Day"] is this marriage would not have existed in a rom-com 10 years ago. That's a change in the culture. Look, America is changing

that way, despite what Donald Trump wants to say. We are much more diverse as a country and as a culture. Hollywood is slowly embracing that. Hollywood is usually five or six years behind the rest of the culture.

TV is much faster to change with the times.

Exactly. And the ultimate goal is not to just have diversity onscreen but have diversity behind the scenes as well. That's when you start to get people telling stories we haven't seen before. That's what I'm hoping to do with my career: to create more content that has diversity inherent in it, just by virtue of my

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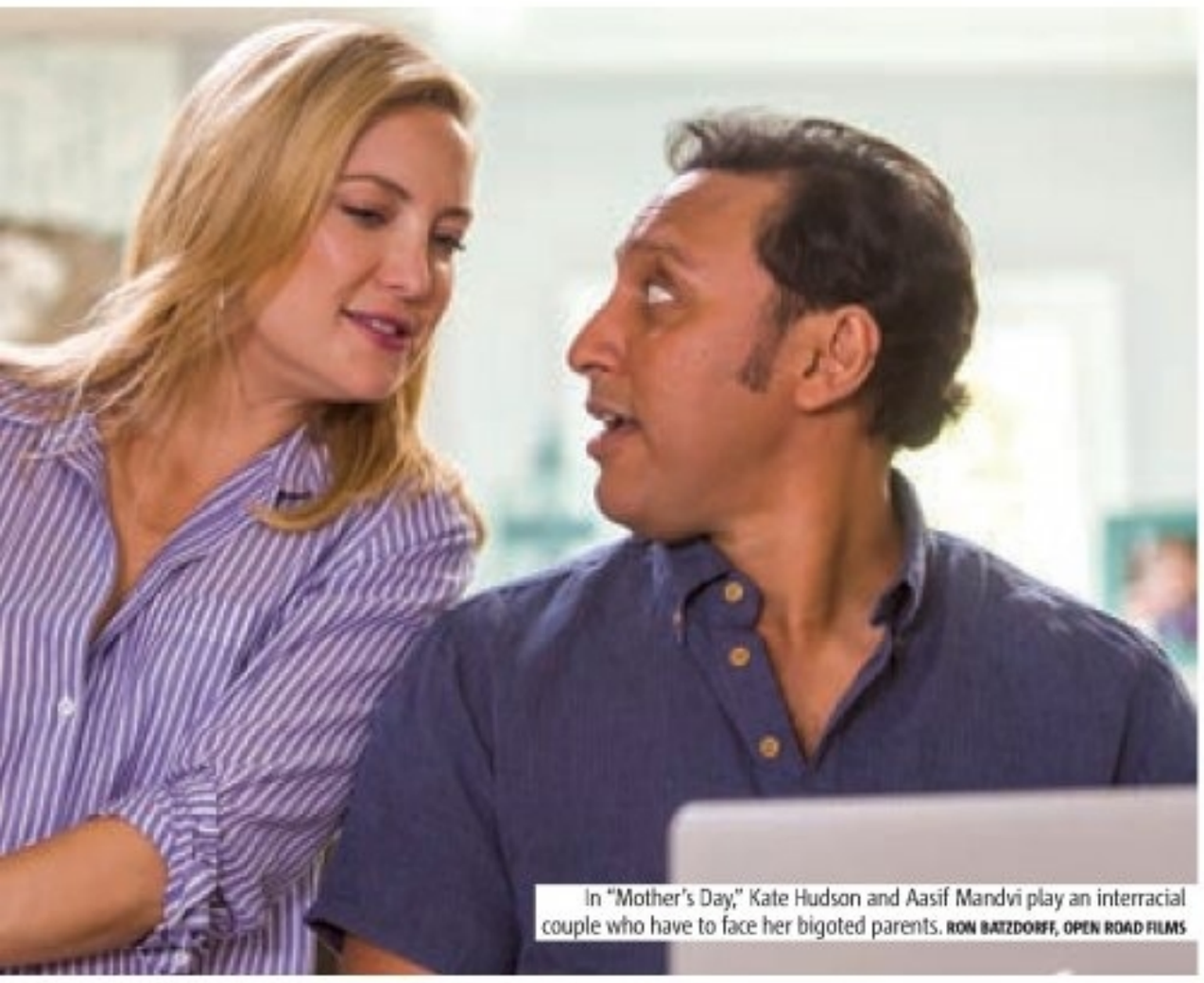

In "Mother's Day," Kate Hudson and Aasif Mandvi play an interracial couple who have to face her bigoted parents. RON BATZDORFF, OPEN ROAD FILMS

experiences in America. It's about who we decide to focus on. Do we decide to focus on the stories of only white people? Or do we see America through different lenses?

Well, there's a lot of pushback. I always hope that the Trump supporters are just a loud minority, but still only a minority. They just scream louder than everyone else.

It's a reaction, right? Someone said to me the other day that Trump is like that boil on your neck. It lets you know something going on inside you, that you have a disease. At least it's letting you know that exists. Maybe you should go to a doctor.

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HOW TO GET AHEAD

How to parlay your internship into a full-time job

Because you can't work for free forever.

ALIZAH SALARIO
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If you're savvy enough to have landed a highly coveted internship, congratulations. Internships are increasingly competitive — and important, says Jeff Selingo, author of "There Is Life After College: What Parents and Students Should Know About Navigating School to Prepare for the Jobs of Tomorrow."

"The more experience you have in a work environment, the better off you're going to be after college in terms of getting a job," says Selingo. "It's more important than ever to have at least one internship, because increasingly employers are only hiring college graduates from their internship pools."

But getting a foot in the door doesn't guarantee it won't slam shut on your big toe. Selingo offers his advice on how to not squander a golden opportunity. Here's how to turn that internship turns into a full-time gig.

The advice we often hear about getting hired is simply to find a way to stand out. But that can be tricky for interns whose jobs entail getting coffee or making copies.
People who do what is assigned to them, with seriousness, those people are going to get additional responsibilities, and they're going to get noticed, especially if they show some initiative. You have to be humble. I think if you take the early assignments seriously, they would give you additional responsibility.

There's a fine line between taking initiative and overstepping your bounds. How can interns avoid crossing it?
You really need to study and gauge the culture of a place so that you're not tone deaf to what's going on. You need to think, "What value can I provide that would be helpful to the organization?" It's really about understanding the culture of a place, and picking those lower-level things off your boss' plate.

What are some mistakes you see first-time interns making on the job?
Too many college students think that they should be running the place, sometimes as an intern. They think that they have the best ideas and they don't take what they consider menial assignments seriously. That doesn't leave their managers or bosses with a good taste in their mouth.

How can career changers or older interns who've already had workplace experience stand out?
You need to separate what you've *done* from what you've *learned*. Think about how what you've learned contributes to your soft skills. Jobs today essentially look for the same skills over and over again. They look for people who can communicate, written and verbal. They look for problem-solvers. They look for organizational skills. So look at the skills set someone is looking for and think about how what you've learned and how you've learned it can contribute.

What should you do if you had a great internship experience but didn't get hired?
Definitely maintain that relationship. I have a personal story about this. I interned at U.S. News & World Report right after college. I really wanted to get hired there and I didn't. But one of the mentors of my life continued to work there. I kept in touch and over time, it became less about trying to get a job there and more about helping with career advice. Just because you don't get hired at a place doesn't mean that place, or somebody there, can't be helpful.

So if you don't get an internship, are you doomed?
You have time. In the meantime, manage your own learning so that you're constantly investing in your human capital. Increasingly there's a new learning economy [MOOKS, online tutorials] that's emerging beyond what we think of as traditional education.

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Making sense of the Eagles' draft haul

The Eagles loaded up on Day 3 picks.

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This entire draft (and the next two) is affected by the Eagles trade up to the second pick to select Carson Wentz and, around the nation, grades for picks are being handed out with that in mind. It seems whether or not you agree with their decision, Wentz is the deciding factor when evaluating the Eagles 2016 draft haul:

Day 1

Round 1, Pick 2: Carson Wentz, QB, North Dakota State

There were two main objections to the Wentz pick even before it happened: One, that the Eagles did not need a quarterback, and two, that Wentz himself was climbing the boards of teams simply desperate for a quarterback.

To answer the first one: Since the trade, Sam Bradford has done everything in his power to show fans just how much the Eagles needed a new quarterback. A starting salary does not a starter make. Nor does simply being taken high in the draft, Bradford's other claim to fame. The same argument works against Wentz. This much can be said though: The Eagles were clearly in love with him. Howie Roseman and Doug Pederson have waxed poetic about Wentz when given the chance since the Senior Bowl and despite any claims that he and Goff were equal prizes in their eyes, Wentz was their man. Perhaps their evaluation will be wrong, but that can be said of any player at any position. The Eagles have the quarterback they want to have, and that's about the best position you can be in.

Day 2

Round 3, Pick 79: Isaac Seumalo, G, Oregon State

Seumalo might be more accurately listed as Offensive Lineman, since he played center, tackle, and guard at Oregon State, with most of his starts coming at center. However, at 6-foot-4, 303 pounds, he projects to play on the interior of the line.

He started 37 games in college despite missing the entire 2014 season with a foot injury, and showed in 2015 that he had recovered. Seumalo is the first offensive lineman drafted by the Eagles since Lane Johnson, and the lack of attention paid to the position has been woefully apparent the past two seasons.

While he'll battle for a starting guard spot from the get-go, Seumalo's versatility might be an even greater asset given the lack of depth along the Eagles' line. Seumalo went off the board higher than many had him ranked, but with only one second-day pick, it's important the Eagles again got a player they coveted. Seumalo will have to show he's a better player than some of the running backs available here fans may have coveted.

Day 3

Round 5, Pick 153: Wendell Smallwood, RB, West Virginia; Pick 164: Halapoulivaati Vaitai, OT, TCU
Round 6, Pick 196: Blake Countess, CB, Auburn
Round 7, Pick 233: Jalen Mills, S, LSU; Pick 240: Alex McCalister, DE, Florida; Pick 251: Joe Walker, LB, Oregon

The Eagles finally had more than one pick Saturday, but fans who tuned in at noon were still in for a wait, as 53 players went off the board before the Birds had their first pick. Most notably, several running backs expected to go much higher went just picks before the Eagles. They wound up with Wendell Smallwood, the reigning Big 12 rushing champion with a few questionable tweets about Philadelphia in his past. We'll give him a pass, since most happened while he was pretty young.

Smallwood is one of several day three Eagles selections that may have fallen due to off-the-field question marks. He and Jalen Mills have had legal issues where, to be fair, all charges have since been dropped. Alex McCalister was dismissed from Florida's football team late in 2015.

This late in the draft, those are chances worth taking as long as the team believes the player has everything sorted out. Their on-field potential is high, and if they build on it, you can get middle-round talent late, which is a necessity when you're as deprived of mid-round picks as the Birds were.

If they don't work out, well, they were seventh round picks. Vaitai keeps building the offensive line depth that's lacking; Countess and McCalister were connected to the team before the draft, so it's clear their getting players they desired, even this late.

Taking Walker two picks before the end of the draft finally gives them some linebacker depth and, if nothing else, they deprived Chip Kelly of a priority undrafted free-agent.

The Eagles' draft grade for 2016 will depend solely on the future performance of Carson Wentz. GETTY IMAGES

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Morgan fits in just fine with 'new look' Phillies

The Phillies have had a remarkable amount of unexpected success in April.

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There's a different feeling around the Phillies clubhouse these days compared to that of last year. A sense of optimism and pride can be felt by anyone who enters.

Adam Morgan is the latest newcomer to take in the new environment at Citizens Bank Park.

"The energy is high and everyone is picking each other up," Morgan said after his first start of the season on Friday.

The series opener with Cleveland saw Morgan go five innings with seven strikeouts and three earned runs. The latter wasn't exactly what he had hoped for, but this isn't the same situation from last season. In 15 starts in 2015, Morgan was 0-4 in games he allowed three or more wins with two no decisions.

This year's team has a no-quit mindset and a bullpen — so far — that is pitching lights-out. Morgan left the game with the score 3-3. The game would eventually be won in the 11th inning on a Ryan Howard walk-off home run.

Manager Pete Mackanin has enjoyed this new attitude from his players.

"They're out to prove they should stay here," Mackanin said. "Players are out to prove they can play here. They won't give up."

Morgan will be the fifth starter now in place of Charlie Morton, who will miss the remainder of the season with a torn hamstring. In spring training, Morgan battled with Vince Velasquez for the final spot in the rotation.

If not for the tremendous upside that Velasquez brought, Morgan would've been the victor after going 2-0 with a 2.00 ERA in three starts.

"It was a close battle, him and Velasquez, but we needed to give [Velasquez] a real look to see if he was ready. Obviously he is," Mackanin said. "Now we know Morgan is here to do what he can do. It's nice to have that guy come up and start for us."

The 26-year-old is hoping to show the Phillies he belongs as he looks to cement himself in the rotation while the arsenal of young arms in the farm develop.

"He's pitched in the big leagues for us last year so it's not like an audition to see if he can pitch good," Mackanin said. "We know what he's doing. He pitched pretty well down in Triple-A. He's always been a command and control guy."

Adam Morgan's rotation presence gives the Phillies a left-handed option at the mound. GETTY IMAGES

That command was on display in his debut. His seven strikeouts to one walk (an intentional walk, by the way) was impressive. He never had more than six in a game last season and never allowed just one walk with more than five strikeouts, either.

After their sixth straight win on Sunday, the Phillies improved to a 15-10 mark and averaged over 10 strikeouts in nine innings in the month of April — that's the best strikeout ratio in the opening month of the season in MLB history.

All of that — minus Morgan's first start — being done with five right-handers in the rotation. Morgan will now add a different look to the group being a lefty.

"Our starters have pitched pretty well," Mackanin said. "To have a lefty in the rotation … I think Adam Morgan is going to fit right in. I like what he does."

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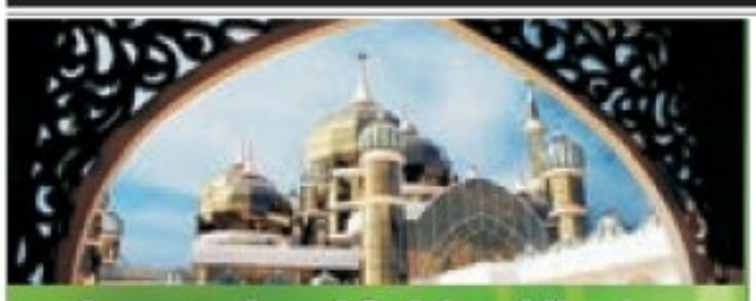

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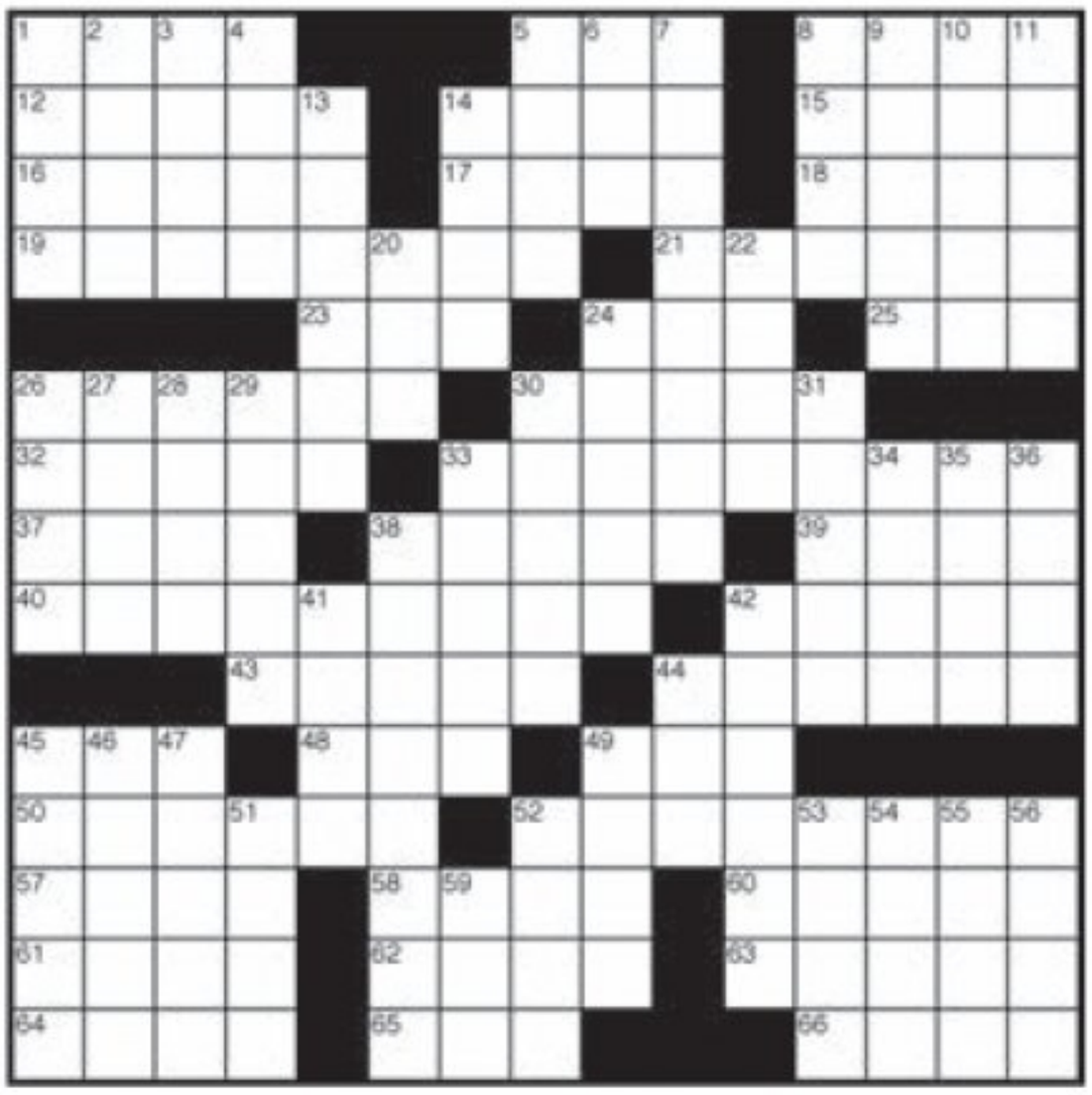

Across

1 Like Antarctica
5 Crow talk
8 They fly by night
12 Ph.D. exams
14 Et — (and others)
15 Vega's constellation
16 Out of it
17 Impudence
18 Europe-Asia range
19 Suffused
21 Not roundabout
23 Rural rtes.
24 Barley bristle
25 Moon's place
26 Recently (2 wds.)
30 Sister's girl
32 Monsieur's shout
33 Having 1,001 uses
37 Scope
38 Steel-beam fastener
39 RN employers
40 Washed
42 Claws or talons
43 — —, so good!
44 Tender
45 Shirt-pocket stain
48 Lon — of Cambodia
49 Atlas page
50 Facade
52 Go fast (2 wds.)
57 Totally amazed
58 Poet's black
60 Tryst keeper
61 More than want
62 Birdcall
63 Grenoble's river
64 Foe opposite
65 Sock end
66 Where Priam ruled

Down

1 Sudden ouster
2 Writer Sarah — Jewett
3 Cowardly Lion portrayer
4 554, to Caesar
5 Clothed
6 Feel crummy
7 Oaters' milieu (2 wds.)
8 Make indistinct
9 Lew of "Johnny Belinda"
10 Racecourse
11 Like pretzels
13 Athens rival
14 Sharpens, as cheddar
20 JFK's predecessor
22 Cuzco founder
24 Hung in the sun
26 Almond-shaped
27 Knock — — loop
28 "Instead of" word
29 Bates and Arkin
30 When pigs fly
31 Actor — Hawke
33 Like the flu
34 Not orig.
35 Slouch in a chair
36 Latin I verb
38 Befriend the woods
41 Finished
42 From Kathmandu
44 Mountain pass
45 Trump's ex
46 Stair post
47 Command to a camel
49 Porcelain vase
51 Whirlpool
52 Tow-away —
53 Took a beating
54 Completed
55 Sleuth — Wolfe
56 Dingy
59 Halloween cry

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easy

5	4			6				2
			2				4	
				5		6		3
		1		3	4	7		
	2		9		7		5	
		8	1	2		9		
3		5		1				
	7				3			
2				9			6	7

hard

4		8	6	7				
1							7	
7	6		5			9	3	4
	4							7
			2		6			
5							4	
3	7	4			8		6	1
	1							3
				1	4	7		8

metro.us/horoscopes

Aries Keep an open mind, but don't let anyone bully you. Bring about change based on your needs. A positive result will occur if you are disciplined and determined.

Taurus Participate in events and causes that allow you to show off your experience and skills. The feedback you receive will engender an opportunity you cannot refuse.

Gemini Keep your opinions to yourself. Someone will try to manipulate or willfully misinterpret you. Discipline will be required if you want to avoid interference or a mishap.

Cancer Don't feel pressured if someone around you is unpredictable. Gather your thoughts and focus on detail. What you have to offer will far exceed anyone trying to outdo you.

Leo An active approach to getting what you want will not please everyone, but it will bring favorable results. Don't give in to emotional blackmail. Concentrate on improvements.

Virgo Live, learn and pursue your goals. There is nothing you cannot accomplish if you refuse to allow demanding people to interfere. Put yourself and your needs first.

Libra Speak on your own behalf and take care of your interests personally. You will be offered valuable information from a reliable source. Discipline and quick action will pay off.

Scorpio Don't take on someone else's responsibilities. Follow your heart and your dreams, and turn your desires into reality. Live in the moment and love the one you are with.

Sagittarius Don't overdo it. Look before you leap. It's important to gauge every situation and to dig deep when it comes to truth, values and emotional matters. Avoid indulgence.

Capricorn Evaluate the past, but don't be tempted to take a step backward. Learn from experience and look to the future with optimism. Romance and personal gains are all within reach.

Aquarius Don't waste time trying to persuade others to do things your way. Step up and do what needs to be done. Make changes that lead to a better future.

Pisces Listen and learn. Stick close to the people you know you can count on. An important decision should be based on facts and conservative thinking. EUGENIA LAST

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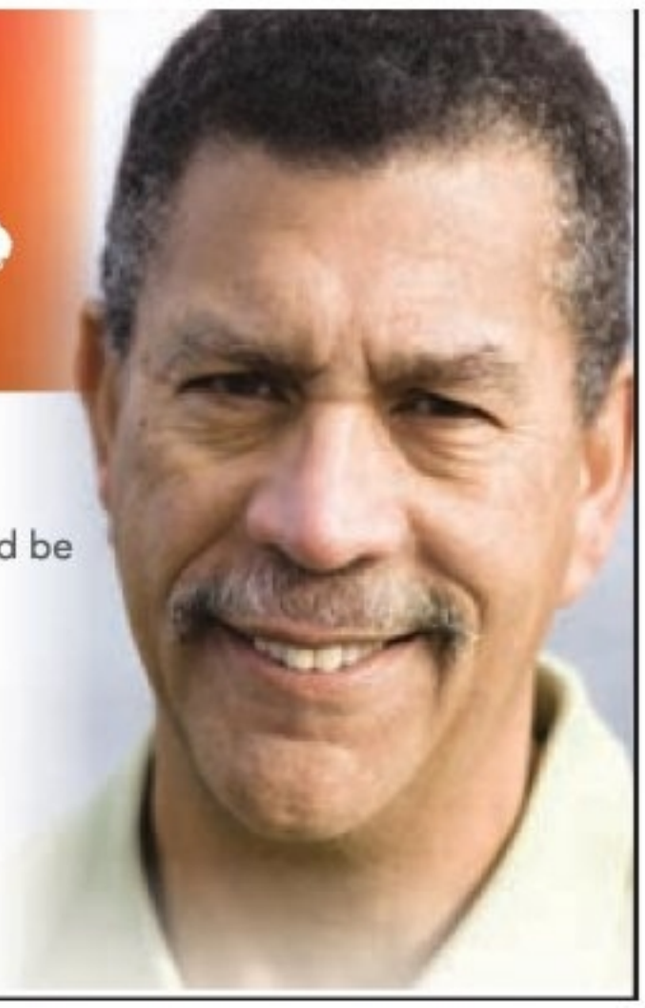
DO YOU OR SOMEONE YOU KNOW HAVE MILD ALZHEIMER'S DISEASE?



PRA Health Sciences in Marlton is now seeking individuals with mild Alzheimer's disease for a research study. To qualify for this study, individuals should be male or female between ages 55 and 85. Other than mild Alzheimer's, they should be in general good health. Females should be postmenopausal for at least one year or surgically sterile.

Those who qualify for this study may be compensated for time and travel.

To learn more call PRA Health Sciences today at 844-PRA-PINK or visit Volunteers.prahs.com.

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To learn more, and to see if your child may qualify, visit TForceGreen.com or call PRA Health Sciences.

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Those who qualify for this study may be compensated for their time and travel. Transportation is available.

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